

Blissful Birth Unit

What can you expect from Blissful Birth:

Blissful Birth is a home birth unit where we practice safe midwifery. We believe that every woman has the right to a beautiful birth even if they do not have a medical aid.

We believe that pregnancy and birth are a normal physiological process. Our bodies are designed to conceive, grow, birth, and nurture our children. We also benefit from the past and current medical and scientific research.

We deliver low risk babies after a pregnancy of at least 37 weeks. Once you are in active labour you will come to Blissful Birth where you will be attended by a Doula and two midwives.

Your birthing package options:

Two midwives, a doula, and our birthing unit for the duration of your labour and a recovery time after birth.

The Primary Midwife:

The midwife will monitor the progress of the mother during the birth and deliver the baby. Once the baby is born, she will complete all documentation for the birth. She will also help with breastfeeding and will ensure the wellbeing of the mother and baby in the post-partum period. The primary midwife is responsible for all post partum follow up and the 6 week examination which the patient must book with the midwife unless it was otherwise agreed upon.

The Secondary midwife:

She will be present during the birth to assist the midwife with any medical tasks. This midwife is not responsible for any post partum visits or follow up

Doula services:

The Doula will see you twice before the birth and once after the birth (normally day 5 after birth). These appointments will strictly be at the Blissful Birth premises

The Doula will also help prepare you for your upcoming birth during your antenatal session. She will discuss your plans for the labour, what to expect during labour and in post-partum.

She will also make sure that you have the necessary items for the birth and the first few months of babies' life.

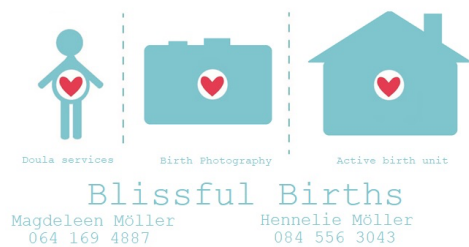
During the labour, delivery, and postpartum period the doula will assist the mother when needed – helping with breastfeeding and caring for the baby

Blissful Birth Unit:

Your host will ensure that you and your partner are cared for. She will ensure that your environment is clean and that you are well fed. You can expect three wholesome meals. Tea and coffee can be made in the kitchen unit nearby.

Blissful Birth will make every effort to accommodate your dietary requirements. If you choose not to eat the provided meal you are not eligible for a refund

If the wife or partner would like a visitor to sleep over, there will be a daily fee which would include a meal for the visitor.



In the event of an emergency:

You and/or the baby will be transferred to the nearest state facility (Rahema Moosa Mother and Baby Hospital) or at any private facility of your choice.

We will at all times ensure you and your babies' safety.

Fees:

Please note that the following is excluded from the quotation:

34-week Doula Prenatal exercise session (60 – 120 minutes) for optimal foetal positioning for R400

ANY midwife visits including day 3-5 day and 6 week post natal visits @ R400, blood tests or scans. Please be reminded that **you** are responsible for making a formal booking with your midwife for any visit

Midwife visits will generally be on week 20,24,28, 30,32,36 37,38weekly till birth. All visits can be done at Blissful Birth premises except for one visit with the Primary midwife. Please note that it is your responsibility to have a backup plan for your birth if you prefer not to be transferred to the nearest Government hospital.

Charges:

Midwife (delivery fee)	R8000
Doula	R2500
Second midwife	R2000
Facility fee	R2500
Total:	R15000

Additional compulsory fees after the birth

Bloodwork of baby TSH	R95
36 week Strep B Isolation test	R122
Dr Michael Platten Paed	R1000
Homeopathe kit	R550

Important fee information

Please note that the full amount needs to be paid on the 1 st of the month of delivery.

A booking fee of R3000 is needed once you agree to using our services.

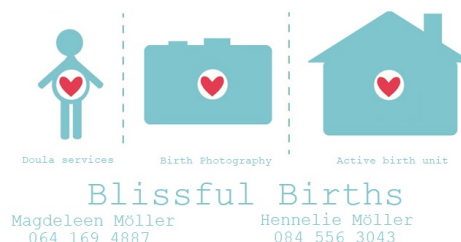
Please note the following:

You will be refunded everything except your booking fee should you go into premature labour or for any other unforeseen circumstance and not deliver at our facility.

If you go into labour before 37 weeks or if you are admitted to the hospital before your due time, please still call the Doula as she can support you at Rahema Moossa during your labour. (Please note that only your Doula or your partner will be allowed into the room. Please be reminded that there is nothing that Blissful Birth can do if the Doula is refused access in the hospital.) You will then still be responsible for the Doula fee or part of the fee if she has been refused access to the hospital.

We will make every effort to provide the services described in this agreement, however, sometimes this is impossible (i.e., a rapid labour and birth, natural disaster, dangerous driving conditions).

Medical aid:



Please find out from your medical aid how much they will contribute towards a home birth. Please note this is a cash practice and the fee will have to be paid up front. It is your responsibility to claim back from the medical aid.

Special notes:

If Blissful Birth is not called for the birth, the fees will not be refunded, as we may have turned away other clients for your space to be reserved.

If the client chooses to cancel service before 37 weeks, all but the booking fee will be returned.

Please note that after 37 weeks, there is no refund for cancellation.

It is the patient's responsibility to register the new born birth. The Primary Midwife will complete the forms and hand this to the family

Caesarean Section is not a surgery that we anticipate happening at the time of hire. In the event you have an emergency caesarean section after you were labouring at Blissful Birth, the fees would be as follows:

Facility fee if you were at our facility during your labour:

In case of transfer out:	R2500
Management of first stage:	As discussed with the midwife at the time of transfer
Doula fee:	R2000

The Agreement:

This is a home birth facility and I hereby agree to understand that I am taking primary responsibility for all decisions, procedures, and outcomes regarding my prenatal, birth and postpartum care. I acknowledge that I am contracting for the midwifery services of Blissful Birth. I have chosen to have a home birth, based upon what I believe to be a thorough examination of all the alternatives. I have discussed the prenatal care and birth options with my physicians and other knowledgeable people to the extent that I think is necessary.

I also fully understand and agree to the following:

1. Blissful Birth Unit is a homebirth unit and Midwife Hennelie Moller is a home birth midwife. Any other midwife working at Blissful Birth is also a home birth midwife. She and the doulas working at Blissful Birth are not doctors. Blissful Birth provides care for woman who have normal, uncomplicated pregnancies and expect a normal delivery of a healthy child.
2. I am aware that in the event of a complication or emergency there are fewer alternatives for medical intervention available at a home birth than there would be in a hospital.
3. It may become necessary during the birth to transfer the mother and/or child to the hospital before, during or after the birth. I agree to go to the hospital upon the midwife's recommendation. I also understand that in most circumstances, such transport is via a private car.
4. I agree to have the baby seen by a paediatrician for the newborn physical examination within the first week of life.
5. I understand that Blissful Birth does not have formal physician back up.
6. I understand that the following situations may be considered as high risk and if they occur during my pregnancy and cannot be resolved, I may need to reconsider my decision for a home birth. They may include but is not limited to the following:
 - Diabetes

- High Blood Pressure
- Preterm labour
- Twins
- Breech Presentation
- Pre-eclampsia



Please provide the following:

Mothers name	
Mothers surname	
Partners name	
Partners signature	
ID number	
e-mail address	
Physical address	
EDD	
Medical aid	
Medical aid no	
Authorisation no	

I have read this letter and I agree with all fees, services, risks, special notes and the disclaimer as stipulated in this agreement.

Mothers signature

Partners signature

Blissful Birth representative

Date

Payments can be into the following bank account.

Blissful Births
 First National Bank
 Account no: 62667099579
 Brach Code: 250655
 Current Account

Please do reference as follow:

Name and due month e.g. Staycee09